

# OPEN GYMNASIUM SCHEDULE JULY 1-31

# 2026

## MONDAY

**Adult Basketball (19+)**  
6:00-8:30A

**PDOP Program**  
8:30A-3:00P

**Youth Basketball (8-11)**  
3:00-5:45P

**Men's Basketball (19+)**  
6:00-8:15P

**Adult Badminton (19+)**  
8:30-10:00P

**EAST COURTS**

**Adult Pickleball (19+)**  
6:00-10:00A

**Adult/H.S. Basketball (15+)**  
10:15A-3:00P

**Youth Basketball (12-14)**  
3:00-5:45P

**PDOP Program**  
6:00-8:15P

**Adult Pickleball (19+)**  
8:30-10:00P

**WEST COURTS**

## TUESDAY

**Adult Basketball (19+)**  
6:00-8:30A

**PDOP Program**  
8:30A-4:00P

**Youth Basketball (8-11)**  
4:00-5:45P

**PDOP Program**  
6:00-7:00P

**Women's Basketball (19+)**  
7:00-9:00P

**H.S. Basketball (15-18)**  
9:00-10:00P

**EAST COURTS**

**Adult Pickleball (19+)**  
6:00-10:00A

**Adult/H.S. Basketball (15+)**  
10:15A-4:00P

**Youth Basketball (12-14)**  
4:00-5:45P

**PDOP Program**  
6:00-7:30P

**H.S. Volleyball (15-18)**  
7:30-10:00P

**WEST COURTS**

## WEDNESDAY

**Adult Basketball (19+)**  
6:00-8:30A

**PDOP Program**  
8:30A-4:00P

**Youth Basketball (8-11)**  
4:00-5:45P

**Family Open Gym**  
6:00-7:15P

**Adult Basketball (19+)**  
7:15-10:00P

**EAST COURTS**

**Adult Pickleball (19+)**  
6:00-10:00A

**Adult/H.S. Basketball (15+)**  
10:15A-4:00P

**Youth Basketball (12-14)**  
4:00-5:45P

**PDOP Program**  
6:00-7:45P

**Family & Adult Badminton**  
8:00-10:00P

**WEST COURTS**

## THURSDAY

**Adult Basketball (19+)**  
6:00-8:30A

**PDOP Program**  
8:30A-3:00P

**Youth Basketball (8-11)**  
3:00-5:45P

**Adult Volleyball (19+)**  
6:00-8:30P

**Adult Basketball (19+)**  
8:45-10:00P

**EAST COURTS**

**Adult Pickleball (19+)**  
6:00-10:00A

**Adult/H.S. Basketball (15+)**  
10:00A-3:00P

**Youth Basketball (12-14)**  
3:00-5:45P

**Family Open Gym**  
6:00-7:15P

**Adult Pickleball (19+)**  
7:30-10:00P

**WEST COURTS**

## FRIDAY

**Adult Basketball (19+)**  
6:00A-3:00P

**Youth Basketball (8-11)**  
3:00-5:45P

**Family Open Gym**  
6:00-7:45P

**Family & Adult Badminton**  
8:00-10:00P

**EAST COURTS**

**Adult Badminton (19+)**  
6:00-8:30A

**PDOP Program**  
8:30A-3:00P

**Youth Basketball (12-14)**  
3:00-5:45P

**Family Pickleball**  
6:00-7:45P

**Adult Pickleball (19+)**  
8:00-10:00P

**WEST COURTS**

## SATURDAY

**Adult Basketball (19+)**  
6:00-11:30A

**Youth Basketball (8-11)**  
11:30A-3:00P

**Adult Basketball (19+)**  
3:00-7:00P

**EAST COURTS**

**Adult Pickleball (19+)**  
6:00-10:00A

**PDOP Program**  
10:00-11:30A

**Youth Basketball (12-18)**  
11:30A-3:00P

**Family Open Gym**  
3:30-5:15P

**Adult Volleyball (19+)**  
5:30p-7:00p

**WEST COURTS**

## SUNDAY

**Adult Basketball (19+)**  
7:00-11:00A

**Youth Basketball (8-11)**  
11:00A-2:00P

**Youth Volleyball (12-14)**  
2:15-3:30P

**H.S. Volleyball (15-18)**  
3:30-5:00P

**EAST COURTS**

**Adult Basketball (19+)**  
7:00-11:00A

**Youth Basketball (12-18)**  
11:00A-1:00P

**Family Open Gym**  
1:00-2:00P

**Adult Pickleball (19+)**  
2:30-5:00P

**WEST COURTS**

\*Schedule is subject to change.

\*Family gym time must include a guardian/parent of 19 and over present in the family group.

### GYM HOURS:

**Monday** 5:30A – 10:00P

**Tuesday** 5:30A – 10:00P

**Wednesday** 5:30A – 10:00P

**Thursday** 5:30A – 10:00P

**Friday** 5:30A – 10:00P

**Saturday** 6:00A – 7:00P

**Sunday** 7:00A – 5:00P