

# Gymnastics Birthday Party Information

## Frequently Asked Questions - (FAQ's)

**Q:** Can parents accompany children into the gymnastics area/activities?

**A:** Only if NEEDED parents for children may enter the gymnastics area to help their child feel more comfortable participating in the activities. A waiver must be filled out for the adult entering the gymnastics area.

**Q:** We aren't sure how many invited guests are planning to come to our party?

**A:** We highly suggest you reserve the party for the maximum amount of people you could have. If you plan to send out 25 invitations, it is best to include 25 participants with the original reservation.

**Q:** We want to invite a child not in the age category of the party, is that okay?

**A:** The party activities are going to be geared toward the age category of the party, either 3-5 years old or 6-15 years old. Participants outside the age categories may find the activities either too challenging or too easy. With the party host's approval, we will allow them to participate. We do not allow anyone under the age of 2 or over the age of 17 to participate.

**Q:** Can we have two birthday children in one party?

**A:** Of course! Just let us know by email so we'll know to include both children – you can reply to the confirmation/information message you'll receive after booking. All of the costs for additional participants and the maximum amount of participants remain the same.

**Q:** I have two children's birthdays to celebrate but they are in separate age categories, can we combine their parties?

**A:** We can be creative and flexible with our party planning to try to accommodate special requests. We can work with you to find a solution that will create a great party for both children!

**Q:** Can I bring my own decorations to decorate the party room? How early can I get into the party room?

**A:** The party room will be available to you 15 minutes before your party. You're welcome to use your own decorations and/or paper products in the party room. To preserve the integrity of our party rooms, we do not permit silly string, confetti, or craft projects that involve pens, markers, paint, glue or glitter. Sticky tack must be used to hang decorations. There is up to a \$100 charge for damage.

**Q:** Will there be a GRC staff member to decorate the room before the party starts?

**A:** We will have the appropriate number of chairs and tables ready upon your arrival. Decorating the room to your specifications is your responsibility. You'll have access to the party room 15 minutes before the start of your scheduled party and during the gymnastics activity.

**Q:** How early should I tell my guests to arrive?

**A:** Please ask them to arrive ten minutes before your scheduled party to allow appropriate check-in and waivers to be completed, collected and each child accounted for.

**Q:** Is each guest required to have a signed and completed waiver?

**A:** Each participating child must have a signed waiver before participating. There are no exceptions given to children without signed parent/guardian waivers. **This is your responsibility as the host.** Please help us not be the 'bad guys' and ensure everyone has the appropriate signed waiver. We would hate to deny children the ability to participate. We will only collect the amount of waivers equal to the amount of participants paid for.

**Q:** Can we start in the party room?

**A:** No, we have found that a belly full of food is not good before activity.

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**Q:** How do we take pictures of the party?

**A:** Pictures can be taken from the upstairs balcony overlooking the gymnastics area or through the windows/doors on the main level. We ask that all flash remain off. The bright light can cause distractions and disorientation to those participating.

**Q:** Can I spend more than the designated time in the gym apparatus area or the party room? Once in the party room, can guests re-enter the gymnastics apparatus area?

**A:** We're sorry but we cannot extend the time in the gym apparatus area or the party room and guests may not re-enter the gymnastics apparatus area.

## Items **TO** Bring:

- Cake
- Individually Pre-Packaged/Catered Food & Drinks
- Tablecloths
- Plates, Cups, Utensils, etc
- Cake Knife (item to cut cake with)
- Candles
- Lighter or Matches
- Decorations
- Party Favors (if not ordering from GRC)

## Items **NOT** to Bring:

- Pets
- Confetti
- Glitter
- Party Feathers/Boa
- Piñatas
- Sparklers
- Silly String

## Items **WE** Supply:

- Refrigerator, Freezer, Sink
- Tables and Chairs
- T-Shirt for Birthday Child
- Party Favors (additional \$5 per participant)
- Party Leader to organize and clean up
- Games, Activities and Fun!

## Party Schedule:

### 3-5 Year Old Party

### 6-15 Year Old Party

15 min. before Party	<ul style="list-style-type: none"> <li>• Check in with Staff</li> <li>• Set Up/Decorate Room</li> <li>• Staff collects waivers as participants arrive</li> </ul>	15 min. before Party	<ul style="list-style-type: none"> <li>• Check in with Staff</li> <li>• Set Up/Decorate Room</li> <li>• Staff collects waivers as participants arrive</li> </ul>
1 Hour and 15 Minutes in Gymnastics Area	<ul style="list-style-type: none"> <li>• Review Gym Rules</li> <li>• Obstacle Course with Inflatable, Tumble Trac and Foam Pit</li> <li>• Activities Highlighting Birthday Child</li> <li>• Age appropriate Games</li> <li>• Open Gym</li> </ul>	1 Hour and 15 Minutes in Gymnastics Area	<ul style="list-style-type: none"> <li>• Review Gym Rules</li> <li>• Obstacle Course with Inflatable, Tumble Trac and Foam Pit</li> <li>• Activities Highlighting Birthday Child</li> <li>• Age appropriate Games</li> <li>• Open Gym</li> </ul>
Last 45 Minutes	<ul style="list-style-type: none"> <li>• Party Room</li> </ul>	Last 45 Minutes	<ul style="list-style-type: none"> <li>• Party Room</li> </ul>