



2024-2025 Season Information



The Park District of Oak Park Infinite Style Synchronized Skating Team is a competitive synchronized skating program based out of Ridgeland Common Recreation Complex. The season begins in early September and runs through March, culminating in the Park District of Oak Park Ice Show. Potential practice and event times are listed below, but are subject to expand or change. Whether this is your first season with Infinite Style, or your 10th, please read through the entire packet to ensure you know what to expect this fall. Open Juvenile is open to skaters ages 18 and younger.

Weekly Practice: Starts Saturday, September 7, 2024 (two on ice practices a week)

- Saturdays: 7:00-7:30 am - off ice - starts 9/7/2024**
- Saturdays: 7:45-8:45 am - on ice - starts 9/7/2024**
- Tuesdays: 7:15-8:00 pm - on ice - starts 9/10/2024**

Additional Dates:

- Tuesday, November 26th 5:00-6:00 pm (earlier time)**
- Saturday, November 30th 7:45-8:45 am (no off ice)**
- Saturday, December 14th 11:30-1:00 pm Holiday party**
- 1:30-3:30 pm Holiday Exhibition**
- Sunday, December 15th 7:00-7:30 am Harmonized Holiday Competition**
- Tuesday, December 17th 5:00-6:00 pm (earlier time)**

Due to the holidays landing on a Tuesday we need practice before Synchro Illinois January 17-19

- Saturday, December 21st 7:45-8:45 am we can do 12:30-1:30 pm possible later TBD (no off ice)
- Saturday, December 28th 7:45-8:45 am we can do 12:30-1:30 pm possible later TBD (no off ice)
- Saturday, January 4th 7:45-8:45 am we can do 12:30-1:30 pm possible later TBD (no off ice)

Expected Event Schedule

The dates below are the 2024-2025 competitive season and are subject to change. We will notify you of the official dates and times as soon as they are available.

- November 9 - Autumn Classic, RecPlex Ice Arena, 9900 Terwall Terrace, Pleasant Prairie, WI - TBD
- November 22-24 - Kalamazoo Kick Off Classic, 5076 Sport Dr, Kalamazoo, MI - TBD
- December 14th - Holiday Exhibition - Paul Hruby Ice Arena , Oak Park, IL - 1:00-5:00 pm
- December 16th - Harmonized Holiday Skate – Paul Hruby Ice Arena in Oak Park, IL - 8:00 am -2:00 pm (Exhibiting)
- January 17-18 - Synchro Illinois – Robert Crown Ice Center, 1801 Main St., Evanston, IL - TBD
- January 27-Feb 2 - Midwestern Synchro Sectionals - 5076 Sport Dr, Kalamazoo, MI - TBD - Fees Al La Carte
- February 15 - Swan Synchro Skate - Swan City Ice Center, 609 Gould St, Beaver Dam, WI - TBD - Fees Al La Carte
- March 14-16, 2025 – Park District of Oak Park Ice Show 2025 - Paul Hruby Ice Arena in Oak Park, IL

Fees - \$1300

Fees for this program include all ice time associated with practices, competition fees, coaching fees, exhibition, Ice Show registration, practice t-shirt, team jacket, and competition costume. (Al La Carte Fees for additional competitions)

Team Staff

Abby Tromer, Head Coach

abbytromer@yahoo.com

Lucas Rosa, Assistant Coach

lucasr135@gmail.com

Emily Carroll, Team Manager

emilyncarroll@gmail.com

After you have read the entire packet, Cathy Brown is the contact for Infinite Style. She can be reached at Cathy.Brown@pdop.org

The goal for the Open Juvenile team is to further develop and refining skating skills, while bonding as a team unit. Skaters work to become a strong team through a focus on communication, positivity and confidence.

Park District of Oak Park Skill Requirements for Infinite Style Synchronized Skating Team

All team members are required to be enrolled in a Skate Academy class, passed Freeskiate 4 or higher class by September 7, 2024, and be 7-18 years old by July 1, 2024. Skaters must adhere to the expectations outlined below and adhere to the Infinite Style Code of Conduct. Additionally, skaters must feel confident performing the following skills:

- Strong forward stroking
- Strong forward and backward pumps, both clockwise and counter-clockwise direction on the circle
- Forward and backward two-foot turns on the circle
- Forward and backward crossovers left and right both clockwise and counter-clockwise directions
- Forward outside and inside edges, left and right
- Forward and backward chasses, left and right
- Forward lunges left and right
- Forward straight-line spiral, left and right
- T-stops, left and right
- Rockers, Counters, Brackets

Encouraged Additional Ice Time:

- Private lessons strengthen skaters' skating and help advance their skill level but are not required to participate on the Infinite Style team(s).
- Take advantage of Skate School practice and Freestyle time offered to all skaters in the program. Times are posted online under Freestyle Ice/Skate School Practice.

Infinite Style Skater Expectations

Attendance and Punctuality

Skaters are required to arrive at least 15 minutes before every scheduled practice. Skaters must alert a coach of any expected absences minimally 24 hours before practice. Synchronized Skating is a team sport and missing practices will negatively affect your teammates.

Attendance is mandatory two weeks prior to any event or competition. No exceptions. Missing practice during that timeframe will disqualify skaters from said competition without refund.

Practice Attire

- Skaters are required to wear the provided practice attire during all practices. This attire includes an infinite style t-shirt and black pants or Infinite Style track outfit.
- Skaters may also wear their Infinite Style skating jacket if desired.
- All hair longer than chin length must be pulled away from the face and secured.
- Skaters must bring a full water bottle to practice.

Competition Attire

- Skaters are required to wear their competition costume and Infinite Style Team jacket to all competitions.
- Skaters may wear their Infinite Style pants over their costume if desired if the pants will not cause damage to the costume. (Discussed on a year-to-year basis.)
- Skaters must bring their skate their Infinite Style tote bag (provided).
- Skaters are responsible for their own belongings; all attire must be well cared for and clean for each event. Skaters must label all pieces with their name and phone number to prevent loss.

Family Commitment

The Infinite Style synchro team is not comprised of just skaters—your entire family will become part of the team experience. Please help your skater understand the importance of their commitment to the team and support them throughout the season. Please remain flexible if sudden changes to the schedule should arise throughout the season. All team staff are working their hardest to communicate and make the season go well. Throughout the year, you may be asked to volunteer for events. If so, thank you in advance for your creativity, time, and especially your patience.

Infinite Style Pricing & Registration

Cost for this program includes:

- All Ice Time Associated With Practices
- Competition Entry Fees (included 3)
- Coaching Fees
- Harmonized Holiday Skate Synchro Team Registration
- Ice Show Registration 2025 Synchro Team Registration
- Team Jacket
- Team Shirt
- Competition Costume.
- (New Skaters - Track Outfit/Tote)

Registrants may pay the Full Cost at registration or sign up for the payment plan as outlined below:

(Employee Discount does not apply to this program)

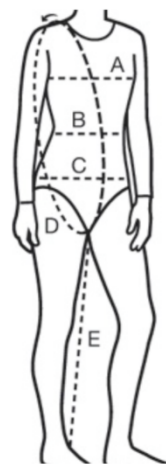
\$200 - Deposit by September 7

Resident	\$1280	Non-Resident	\$1300
Balance in Payments	(\$1080 - 200 Deposit)		(\$1100 - 200 Deposit)
September	\$180		\$183.33
October	\$180		\$183.33
November	\$180		\$183.33
December	\$180		\$183.33
January	\$180		\$183.33
February	\$180		\$183.33

Financial assistance is available, for more information, please visit <https://pdop.org/financial-assistance/>

Any deposits and payments made prior to withdrawing from the program at any point are non-refundable unless the program is canceled by the Park District of Oak Park.

How To Properly Measure:



- A) Bust/Chest:** Measure the fullest part of the bust keeping tape measure parallel to the floor.
- B) Waist:** Measure at natural waistline (the most narrow part of torso).
- C) Hips:** Measure around the fullest part of the lower body including bottom.
- D) Girth:** Measure from top of shoulder down center front through the crotch and up the back to the starting point.
- E) Inseam:** Measure inside the leg from crotch to the ankle.

Additional Registration Questions in Amilia

LTS Membership Number: All skaters must register with Learn to Skate USA each year. Basic membership is included in Skate Academy registration. The team will need to provide membership numbers of all skaters to register for competitions. Please include your skaters updated number.

Highest Basic Skills Level Passed: Enter the highest level your skater has passed in the Learn to Skate Academy.

Highest Moves in the Field Passed: If your skater has passed any of their moves in the field, indicate the highest.

Skate Bag: Indicate whether your skater would like to order an Infinite Style skate bag. This is an additional fee and not required to participate on the team.

Measurements: Please take new measurements of your skater each year. Coaches will use these measurements to order practice attire as well as skating jackets and competition costumes.



Infinite Style Code of Conduct

Park District of Oak Park



Skaters Name: _____

Phone Number: _____

With the interest in providing the best team experience for everyone, we have adopted the following Infinite Style Code of Conduct. Each skater is required to read the information below and sign the bottom of this form, acknowledging that you understand and are willing to abide by the policies set forth.

Skater Responsibilities

I will place the emotional and physical well-being of my teammates ahead of my personal desire to win.

I will set an example by demonstrating good sportsmanship to all skaters, coaches, officials and staff.

I will consider it a privilege to be a member of the Infinite Style Synchronized Skating Team and will act respectfully toward others, before, after, and during each practice or game.

I agree to accept the direction and decisions of my coaches and fellow teammates when delivered in a constructive and positive manner.

I will treat with utmost respect every ice arena's facilities and property. I will leave all locker rooms in the best possible condition.

I will be on time for all team events, including but not limited to: practice, dress rehearsals, shows, and competition

I will always dress in proper team attire

I will follow the team attendance requirements

I will give full my coaches my full attention and effort on and off the ice

I will always treat my teammates as equals. Although we differ in skill level, the team skates as one

INFRACTIONS OF THE CODE OF CONDUCT MAY INCLUDE BUT ARE NOT LIMITED TO THE FOLLOWING

Unsportsmanlike conduct

Fighting

Bullying

Refusal to follow direction

Repeated tardiness and/or absence

Offensive Language

Skater Code of Conduct

Any skater's behavior, occurring in or about any ice arena during a practice or competition, that brings discredit on Ridgeland Common, Infinite Style Program or any of its skaters, parents, or coaches, shall immediately be reported to the Skating Coordinator, Program Supervisor, and/or Aquatic and Rink Manager as appropriate. Upon such report, the Skating Coordinator, Program Supervisor, and/or Aquatic and Rink Manager shall take whatever steps necessary to investigate the incident. If such investigation reveals the incident occurred, the offending skater shall be barred from further competitions and/or practices for such a period as the Skating Coordinator, Program Supervisor, and/or Aquatic and Rink Manager deem appropriate. The Skating Coordinator, Program Supervisor, and/or Aquatic and Rink Manager reserve the right to extend and/or supplement any penalties or suspensions imposed by any official of U.S. Figure Skating or any of its affiliates.

REFUNDS WILL NOT BE GIVEN TO ANY PLAYER FOR BREACH OF CODE OF CONDUCT

I have read, understand, and agree to follow the above Code of Conduct. My coach and/or Skating Coordinator, Program Supervisor, and/or Aquatic and Rink Manager have answered all questions.

Signature of Infinite Style Skater

Date

Signature of Parent or Guardian

Date