



Gymnastic & Recreation Center
21 Lake Street, Oak Park, Illinois 60302
708-725-2200
gymnastics@pdop.org

Preschool Playtime Guidelines

Welcome to GRC's Preschool Playtime. Please read and observe the following guidelines to insure that everyone has fun and stays safe.

- 1. Stay with your child at ALL TIMES. Please do not bring newspapers, books, magazines, work, etc. with you. Please keep cell phone use to a minimum. This is a time for you to interact with your child.**
- 2. Please keep shoes, clothing and all personal items in the cubbies. Please do not put wet shoes or boots inside cubbies.**
- 3. Please keep all food and drinks in the lobby area. We do not allow food or drinks of any kind in the gym. This includes water and baby bottles.**
- 4. Please use the diaper table in the bathroom. No diaper changing in the gym or lobby. Please throw your dirty diapers away in the provided bathroom garbage in the ADA stall where the changing table is located.**
- 5. Pit rules: DO NOT THROW CHILDREN INTO THE PIT!
Teach children to always jump in feet first.
Do not throw equipment into the pit.
Do not allow children to jump in from raised surfaces such as stacked mats.**
- 6. Safety: Please remember that some of the equipment is unfamiliar to your child. Keep a close eye on them when they are jumping down from heights, walking on a balance beam, jumping on a trampoline, etc. For your safety, the safety of your child and others, parents aren't allowed on the tumble track.**
- 7. If equipment is not out for use please don't take it out for your child.**
- 8. Please remember...any instruction you are given from the staff at the GRC is to insure the safety of our environment. Please respect our discretion and the guidelines we have set.**

Park District of Oak Park

In partnership with the community, we enrich lives by providing meaningful experiences through programs, parks, and facilities.