

Ice Bears Spring Hockey League



The Ice Bears program competes in the Northwest Hockey League. This league focuses on competitive hockey while still allowing for balanced ice time for all players. The Oak Park Ice Bears program is based on the three pillars of developing a love for the game of hockey, a dedication to skill development, and being the model organization in terms of sportsmanship.

Spring hockey is a great way for current players to get more ice time and practice to continue skill development for the next season. New players also get the opportunity to experience Travel House Hockey without committing to a full season.

****New Registration steps can be found on page 2****

New Players

*****Players who are new to the Ice Bears Program, Squirt and Up, MUST be evaluated PRIOR to registration. Contact Bryce Miller at Bryce.Miller@pdop.org or Dan Seltzer and Daniel.Seltzer@pdop.org to set up an evaluation. Anyone who registers without being evaluated will be removed from the roster and lose their place on the team*****

Pre-Requisites – Mite

Players must have minimally passed Mighty Cub 3, participated in 4 full sessions of Ice Bear Prep League (formerly Polar Bear Hockey League), and have coaches recommendation PRIOR to registering. Players who have not met these requirements will be removed from the roster.

Pre-Requisites – Squirt

Players must have minimally passed Mighty Cub 3, participated in 4 full sessions of Ice Bear Prep League, and have coaches recommendation PRIOR to registering. Players who have not met these requirements will be removed from the roster. **New squirt players must also still be evaluated prior to registration if they meet the pre-requisites.**

Peewee and Up

Contact the Ice Arena Supervisor, Bryce Miller, or Hockey Coordinator, Dan Seltzer, for prerequisite information and to set up and evaluation.

Important Spring League Dates-Registration Dates

Please contact Bryce.Miller@pdop.org or Daniel.Seltzer@pdop.org if you have any questions in regard to registration

Registration Timeline	
RETURNING RESIDENT ICE BEARS (FALL 2019-20)	Saturday, February 15 th , 8:30am
OAK PARK RESIDENTS	Sunday, February 16 th , 8:30am
RETURNING NON RESIDENT ICE BEARS (FALL 2019-20)	Monday, February 17 th , 8:30am
OPEN REGISTRATION	Tuesday, February 18 th , 8:30am
REGISTRATION CLOSES	Wednesday, February 19 th , 7:00pm

Team Evaluations: Team Evaluations are MANDATORY as they are how teams are equally divided by skill. Players who do not attend team evaluations cannot be scored, and therefore are not able to be placed on a team. *Players must attend BOTH of their evaluations.* Team evaluations are not the teams normal practice times. Players are expected to practice at any time slot assigned to their team. Players are expected to play for any coach that the Park District has deemed qualified and acceptable for the Ice Bears program.

Mites: Monday, March 16 – 5:00-6:00pm AND Wednesday, March 18 – 5:00-6:00pm

Squirts: Monday, March 16 – 6:10-7:10pm AND Wednesday, March 18 – 6:10-7:10pm

Peewees: Tuesday, March 17 – 6:15-7:15pm AND Wednesday, March 18 – 7:20-8:20pm

Bantam: Tuesday, March 17 - 7:30-8:30pm AND Wednesday, March 18 – 8:30-9:30pm

Midgets: Tuesday, March 17 8:45-9:45pm AND Wednesday, March 18 – 8:50-9:50pm

Practices Begin: March 23 – Practices will be held on Monday OR Wednesday nights. Practice times will be decided once final team counts are in and will be emailed to all families the week of March 3rd. Prior to March 3rd we will not be able to give exact practice times.

Practices End: June 3 – Practices will end on June 3 due to summer rink schedule beginning.

Games are scheduled: March 28 – On this date the coaches schedule the games with other NWHL team. Your coach or team manager will provide the schedule to your team within 2-3 days. Bryce and Dan will not yet have the schedule until it is emailed to teams. Games can be any day of the week, but will mostly be Saturday and Sunday.

League Games Begin: April 1 – League Games begin

Season Ends – June 7 – League Tournament Ends

Program Overview

- Roster numbers will be dictated based on player interest at individual teams/levels and at the discretion of the Park District Staff.
- Teams are considered full with 15 skaters and 2 goalies, however the program reserves the right to add players based on circumstance.
 - Ridgeland Common Spring 2019 Expected Teams
 - 1 Mite (2012/2013)
 - 3 Squirt (2010/2011)
 - 2 Pee wee (2008/2009) 1 Pee wee Girls (2008-2011)
 - 2 Bantam (2006/2007)
 - 1 Midget (2002-2005)
 - Due to expected enrollment, an extra team will only be placed at a level if another level's team does not fill. ***The Park District of Oak Park only has capacity for 10 spring teams.***
- Each team will have one practice and one game a week for the length of the season.
 - *Bantams and Midgets will have additional full ice practices from unused game slots*
- All teams compete in the Northwest Hockey League and adhere to all AHAI and USA Hockey policies in addition to the Park District Code of Conduct. Park District staff cannot reduce any penalty based on AHAI or USA Hockey rules, however does reserve the right to increase any penalty suspension. The NWHL upholds all penalties issued by referees.
- Practices and home games will take place at Ridgeland Common Recreation Complex; away games will take place at rinks of other NWHL programs.
- All coaches are USA Hockey certified, trained, and background checked

All-Girls U12 Pee wee Team

An All-Girls Ice Bears team was new to the Ice Bears in Fall 2019 and will continue for Spring 2020. The team competes at the U12 Pee wee Level. The roster can be made up of both U10 and U12 aged girls (2008-2011). Girls cannot double-roster and also compete on the co-ed Ice Bear team at their respective age level.

New Registration Steps Steps

to Register

1. Create household account in new registration system if you have not done so already
 - a. <https://www.pdop.org/createaccount/>
2. Email Bryce.Miller@pdop.org to notify that your household is created and that your player has been added to your account
 - a. Bryce will add the appropriate skill to your player in order for them to register on the appropriate date
 - b. The skill will be assigned based upon birth year, resident status, and returner status.
3. The skills will be applied and then you will be able to successfully register on your appropriate date through registration link that will be supplied to you after skills are assigned.
4. You will receive a link to register after Bryce has assigned the skill to your player.
5. If your household does not notify Bryce that your household is ready to have the skill added before registration begins you will not be able to register.

Bryce Miller
Ice Arena Supervisor
Bryce.Miller@pdop.org
708-725-2314

Dan Seltzer
Hockey Coordinator
Daniel.Seltzer@pdop.org 708-725-
2312

Parent/Guardian 1		Parent/Guardian 2	
Name		Name	
Email		Email	
Phone		Phone	
Address		Address (if different)	
Player's Name:		USA Hockey # (4 th number must be a 9):	
Player's Birthdate:			

2



<input type="checkbox"/> 8U -MITE	<input type="checkbox"/> 10U-SQUIRT	<input type="checkbox"/> 12U-PEEWEE	<input type="checkbox"/> 10-12U Peewee Girls	<input type="checkbox"/> 14U-BANTAM	<input type="checkbox"/> 19U-MIDGET
Skater: \$500	Skater: \$500	Skater: \$500		Skater: \$600	Skater: \$600
	Goalie Code: \$300	Goalie: \$300		Goalie: \$350	Goalie: \$350

REFUND POLICY: The timeline for what refunds may be processed is listed below.

Refund Timeline

Until February 26: 50% refunded if the spot is able to be filled, or a team will not be in jeopardy due to losing a player

Beginning February 27: *No refunds* will be processed

**Bantams and Midgets will receive additional ice and an off-ice component to this program*

JERSEYS

Each player will receive 2 jerseys as part of program costs for home and away.

-Even Birth years: Even Jersey Numbers

-Odd Birth years: Odd Jersey Numbers

Jersey numbers will be assigned based off availability and are subject to change from the Fall 2019-2020 season if the players number does not fall into the even/odd birth year.

Returning Ice Bears: Please write your jersey number from the Fall 2019/2020 Season here: _____

New Ice Bears: Please write your top 3 picks, following the jersey number system above here: _____

☐ Please note that goalie cut jerseys are only available in adult goalie size

Jersey Size:	Youth S/M	Youth L/XL	Adult S	Adult M	Adult L	Adult XL
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RELEASE AND HOLD HARMLESS AGREEMENT

Please read this form carefully and be aware that in signing up and participating in this program (s), you will be waiving and releasing all claims for injuries you might sustain arising out of this program (including transportation services, when provide). As a participant in the program (s), I recognize and acknowledge that there are certain risks of physical injury and I agree to assume the full risk of injuries, damages or loss which I may sustain as a result of participating in any and all activities with or associated with such program (s). I agree to waive and relinquish all claims I may have as a result of participating in the program (s) against the Park District of Oak Park and its officers, agents, servants, and employees. I do hereby release and discharge the Park District of Oak Park and its officers, agents, servants, and employees from any and all claims from injuries, damage or loss which I may have or which may accrue to me on account of my participating in the program (s). I further agree to indemnify and hold harmless and defend the Park District of Oak Park and its officers, agents, servants, and employees from any and all claims resulting from injuries, damages, and losses sustained by me and arising out of, connected with, or in any way associated with the activities of the program (s)

I have read and fully understand the above Program Details and Waiver Release Claims. Waivers MUST be signed by participant(s) ' legal guardian. Facsimile signatures will be considered as original by the District.

Signature (s) : _____ Date: _____



Park District of Oak Park Ice Bears USA Hockey Zero Tolerance Policy



In an effort to make ice hockey a more rewarding experience for all participants, AHAI has instructed the Officiating Program to adhere to certain points of emphasis relating to sportsmanship. This campaign is designed to require all players, coaches, officials, team officials, administrators, and parents/spectators to maintain a sportsmanlike and educational atmosphere before, during, and after all USA Hockey sanctioned games. Thus the following points of emphasis must be implemented by all On-Ice Referees and Linesmen.

Players

A minor penalty for unsportsmanlike conduct (Zero Tolerance) shall be assessed whenever a player:

1. Openly disputes or argues any decision made by an official.
2. Uses obscene or vulgar language at any time, including swearing, even if it is not directed at a particular person.
3. Visually demonstrates any sign of dissatisfaction with an official's decision.

Any time that a player persists in any of these actions, they shall be assessed a misconduct penalty. A game misconduct shall result if the player continues such actions.

Coaches

A minor penalty for unsportsmanlike conduct (Zero Tolerance) shall be assessed whenever a coach:

1. Openly disputes or argues any decision made by an official.
2. Uses obscene or vulgar language in a boisterous manner to any one at any time.
3. Visually demonstrates any sign of dissatisfaction with an official's decision, including standing on the boards or standing in the bench doorway with the intent of inciting the officials, players, or spectators.

Any time that a coach persists in any of these actions, they shall be assessed a misconduct penalty. A game misconduct shall result if the player continues such actions.

Officials

Officials are required to conduct themselves in a businesslike, sportsmanlike, impartial, and constructive manner at all times. The actions of an official must be above reproach. Actions such as “baiting” or inciting players or coaches are strictly prohibited. On-ice officials are ambassadors of the game and must always conduct themselves with responsibility in mind.

Parents/spectators

The game will be stopped by on ice officials when the parents/spectators are displaying inappropriate and disruptive behavior, interfere with other spectators, or interfere with the game. The on-ice officials will identify violators to the coaches for the purpose of removing the parents/spectators from the viewing and game area. Once removed, play will resume. Lost time will not be replayed and violators may be subject to further disciplinary action by the local governing body. This inappropriate and disruptive behavior shall include:

1. Uses obscene or vulgar language in a boisterous manner to any one at any time.
2. Taunting players, coaches, officials, or other spectators by means of baiting, ridiculing, threat of violence, or physical violence itself.
3. Throwing any object in the spectator’s viewing area, players bench, penalty box, or on the ice surface, directed in any manner to create a safety hazard.

Equal Opportunity Policy

USA Hockey shall provide an equal opportunity to armature athletes, coaches, trainers, managers, administrators, and officials to participate



Player Code of Conduct Policy Park District of Oak Park



Player’s Name:

Phone Number:

With the interest in providing the best hockey experience for everyone, we have adopted the following Player Code of Conduct Policy. Each player is required to read the information below and sign the bottom of this form, acknowledging that you understand and are willing to abide by the policies set forth.

Player Responsibilities

1. I will place the emotional and physical well-being of my teammates ahead of my personal desire to win.
2. I will set an example by demonstrating fair play and good sportsmanship to all players, coaches, officials and staff.
3. I will consider it a privilege to participate in the Ice Bears Hockey Program and will act respectfully toward others, before, after, and during each practice or game.
4. I agree to accept the direction of my coach and fellow teammates when delivered in a constructive and positive manner.
5. I will treat with utmost respect every ice arena’s facilities and property. I will leave all locker rooms in the best possible condition.

INFRACTIONS OF THE CODE OF CONDUCT AND MISBEHAVIOR MAY INCLUDE, BUT ARE NOT LIMITED TO THE FOLLOWING:

- | | |
|-----------------------------------|--|
| *Unsportsmanlike conduct | *Fighting |
| *Offensive language | *Repeated delay of practice or game |
| *Not shaking hands after the game | *Inappropriately excessive game penalties |
| *Locker Room Misbehavior | *Inappropriate interaction with fellow players |
| *Bullying | |

Player Code of Conduct

Any player's behavior, occurring in or about any ice arena during a game or practice, that brings discredit on Ridgeland Common, Ice Bears Hockey Program or any of its players, parents, or coaches, shall immediately be reported to the Hockey Coordinator, Program Supervisor, and/or Aquatic and Rink Manager as appropriate. Upon such report, the Hockey Coordinator, Program Supervisor, and/or Aquatic and Rink Manager shall take whatever steps necessary to investigate the incident. If such investigation reveals the incident occurred, the offending player shall be barred from further games and/or practices for such a period as the Hockey Coordinator, Program Supervisor, and/or Aquatic and Rink Manager deem appropriate. The Hockey Coordinator, Program Supervisor, and/or Aquatic and Rink Manager reserve the right to extend and/or supplement any penalties or game suspensions imposed by any official of the Amateur Hockey Association of Illinois or any of its affiliates.

REFUNDS WILL NOT BE GIVEN TO ANY PLAYER.

I have read, understand, and agree to follow the above Code of Conduct. My coach and/or Hockey Coordinator, Program Supervisor, and/or Aquatic and Rink Manager have answered all questions.

Signature of Ice Bears Player:

Date:

Signature of Parent or Guardian:

Date:



Parental Code of Conduct Policy

Park District of Oak Park



Player's Name:

Phone Number:

With the interest in providing the best hockey experience for your child, we have adopted the following Parental Code of Conduct Policy. Each parent is required to read the information below and sign the bottom of this form, acknowledging that you understand and are willing to abide by the policies set forth. Thank you for your support on this issue.

Parental Responsibilities:

1. Have your child at the arena, allowing enough time to get ready (minimum ½ hour). Lockers rooms are available and should be used at all times, rather than changing in the upper or lower lobby.
2. Always show support towards your child and the other children out on the ice. Don't forget that they are only children. Your support means a lot to them.
3. Set a good example by treating the officials, coaches, athletes, and fans with respect and dignity. *Remember, hockey is a game and a game should be FUN!* It is your responsibility to demonstrate the same type of behavior we wish to see in our children.
4. Support the coaches. Remember, they are *volunteering* their time. If you have a problem or suggestion, please discuss it with the Team Manager.
5. Never discipline your child for making mistakes or losing. Winning is not the main objective of the Huskies Hockey Program.
6. Coaches will attempt to provide *fair* ice time for all players, no matter their ability. Once again, as long as everyone gets to play and have fun the game was a success...no matter who had the highest score.

Parental Code of Conduct

Any parent's behavior, occurring in or about any ice arena during a game or practice, that brings discredit on Ridgeland Common, Ice Bears Hockey Program or any of its players, parents, or coaches, shall immediately be reported to a Coordinator and the Hockey Director as appropriate. Upon such report, the Hockey Coordinator, Program Supervisor, and/or Aquatic and Rink Manager shall take whatever steps necessary to investigate the incident. If such investigation reveals that the incident occurred, the offending parent shall be barred from further games and/or practices for such period as the Hockey Coordinator, Program Supervisor, and/or Aquatic and Rink Manager deems appropriate. If the behavior is reported by an official to the Amateur Hockey Association of Illinois, a minimum suspension of three games will follow. If such parent who is suspended appears at any game or practice from which the parent has been banned, the child of the parent shall be benched for such period of time as that parent remains in violation.

I have read, understand, and will abide by the Parental Code of Conduct as outlined above. By signing below, I am committing my entire family to abiding by this policy.

Signature of Parent or Guardian

Date:



New Ice Bears Only



If you were a member of USA Hockey and carried their insurance for the fall 2015-16 season you do not need to repay to get insurance. However, you must include your USA hockey number/confirmation page with your attached registration form. To get a confirmation page use the following steps.

A Step By Step Guide to Online Registration

In addition to completing and handing in the Park District of Oak Park In House Travel Hockey registration form, ALL players and coaches must register for USA Hockey ONLINE for the upcoming season.



Step 1: Complete the online registration process by following the below steps.

1. Go to www.usahockeyregistration.com
2. Click on the 'Ice Players & Coaches' button
3. Select the correct season and follow prompts to register
4. Process payment using- Visa, MasterCard, Discover, or American Express (credit or debit card)
5. Print out your confirmation page. Make sure you do this as you will need to turn it in with your registration packet.

Step 2: Attach your confirmation to your completed registration packet and return it to the office at Ridgeland Commons to complete your registration. No registration packet will be accepted without this confirmation page. This step is required to ensure that all USA Hockey benefits are in place.

1. **Go To:** <https://www.usahockeyregistration.com/index.jsp> and click on the "Request an Additional Confirmation Page" button on the left side of the screen
2. **Complete the information on the following page**
3. **Download or have the confirmation sheet e-mailed to you, and attach to your registration!**