

Freestyle Rules and Etiquette

All skaters, coaches and parents (or guardians) are expected to be respectful towards each other and follow the policies listed below as well as general ice arena policies. Freestyle sessions are for individual teaching, training and practice of figure skating. Skaters and coaches are expected to work cooperatively to share the ice space without disrupting each other.

1. Only skaters and coaches currently in the Skate Academy program are permitted to use the ice during freestyle ice times. Most freestyle ice time is open to skaters of any level, however, skaters Basic 8 and below may only use the ice when accompanied by a coach. Freestyle ice may not be used for hockey skating.
2. Both skaters and coaches must sign in at the cashier booth prior to entering the ice arena. Skaters (including private lesson students) must pay \$10 fee or present a freestyle pass.
3. Coaches are allowed to use freestyle ice for private lessons only after completing all requirements of the private lesson policy.
4. Coaches and skaters are not permitted on the ice at any time during an ice re-surface. Skaters and coaches must wait for the Zamboni doors to close before taking the ice and promptly exit the ice when the Zamboni doors open.
5. All ice doors should remain closed during the freestyle session.
6. Only water is allowed on the ice, in the player benches, or in the score box. No other food or drink allowed.
7. Parents and spectators are not permitted in the player benches. Parents/spectators must view the freestyle session from the bleacher or lobby area.
8. All skaters, coaches and parents are expected to refrain from disruptive, offensive, and/or abusive behavior or language (including music content).
9. Skaters are not permitted to wear personal headsets of any kind while skating. Coaches may use hand held music systems.
10. Music should be placed in line in the score box to be played by the skater or coach on a first come/first serve basis. Coaches get one cut per student where their student can run their music ahead of those not in a lesson.
11. Music may not be started within the last three minutes of a freestyle session.
12. Skaters must wear vest while performing their program to music. When running their program with music, skaters have the right of way on the ice. Students and coaches should yield to these skaters.
13. Harness use is permitted during freestyle sessions. Coaches who are trained on the harness can sign out the harness with ice monitor at the cashier booth.
14. All session times are subject to change. Reasonable notice of changes will be posted when possible.