



Spring 2022 Season Information



The Ice Bears program competes in the Northwest Hockey League. This league focuses on competitive hockey while still allowing for balanced ice time for all players. The Oak Park Ice Bears program is based on the three pillars of developing a love for the game of hockey, a dedication to skill development, and being the model organization in terms of sportsmanship. Spring hockey is a great way for current players to get more ice time and practice to continue skill development for the next season. New Players also get the opportunity to experience Travel House Hockey without committing to a full season.

New Players

*Players who are new to the Ice Bears Program, Squirt and Up, **MUST** be evaluated **PRIOR** to registration. Contact Dan Seltzer at hockey@pdop.org to set up an evaluation. Anyone who registers without being evaluated will be removed from the roster and lose their place on the team*

Registration Timeline	
RETURNING RESIDENT ICE BEARS (Most Recent Season)	Friday, March 11, 8:30am
OAK PARK RESIDENTS	Saturday, March 12, 8:30am
RETURNING NON-RESIDENT ICE BEARS (Most Recent Season)	Sunday, March 13, 8:30am
OPEN REGISTRATION	Monday, March 14, 8:30am
REGISTRATION CLOSES	Thursday, March 17, 11:59pm

Tentative Spring Timeline

March 21: Practices Begin

Week of March 28: Teams divided if applicable

Game Scheduling: TBD – Your head coach or team manager will communicate when possible. Neither the Aquatic & Rink Manager nor Hockey Coordinator will be able to communicate the game schedule.

Games Begin: April 1

Season Ends, League Tournament Begins: June 3

Season Conclusion/Championships: June 11 & 12

Potential Practice Times*

Each team will have on average one e practice and one game a week for the length of the season*

Mondays: 4-6:45pm

Wednesdays: 5- 7:30pm

Potential Weekend Slots

Saturday 3:20pm, 4:35pm

Sunday 10am, 11:15am, 12:30pm

**Subject to Change Based on Registration Numbers, will be decided once registration is complete. Practice schedule will be decided based off registration by Friday, March 18.*

Generally there are two teams at each level, however a team may not be offered at all levels pending registration outcomes. **The program reserves the right to add players based on circumstance.**

Age Levels

Players will be required to play in their appropriate age level.

Mite: 2014-2015

Squirt: 2012-2013

All Girls Peewee: 2010 – 2013

Peewee: 2010-2011

Bantam: 2008-2009



Pre-Registration Instructions

Player must be present with his/her parents during the online sign-up. A valid 2021-2022 USA Hockey number and payment of initial deposit will be required. We will NOT accept a registration form WITHOUT a valid USA Hockey Number. Instructions to register with USA are on the following page.

If You Did NOT Participate in the MOST RECENT Ice Bears Season

1. Create household account in the new registration system if you have not done so already
 - a. <https://www.pdop.org/createaccount/>
2. Put a PDOP program in your cart for your player, you do not need to check out, however this gives the Park District of Oak Park permission to view your account [A public skate works great!]
3. Email Kayla.Lindgren@pdop.org to notify that your household is created and that your player has been added to your account
4. Kayla will add the appropriate skill to your player in order for them to register on the appropriate date
5. The skill will be assigned based upon birth year, resident status, and returner status.
6. The skills will be applied and then you will be able to successfully register on your appropriate date through registration link that will be supplied to you after skills are assigned.
7. Visit the "Store," and select Ice Bears Spring 2022 then your players proper level.

If your household does not notify Kayla that your household is ready to have the skill added before registration begins you will not be able to register.

If You Have NEVER Participated in Ice Bears

Any player who has NEVER played a Fall or Spring Ice Bears season before, will be required to attend a Pre-Evaluation Skate, please contact Dan Seltzer at hockey@pdop.org to set up your players evaluation. In the interest of setting players up for success, the coaching staff will be putting players through drills to assess if they are ready for travel level play. **If a new player does not attend a pre-evaluation, they will forfeit their spot on the team and it will be given to the first waitlisted player.**

Pre-Requisites – Mite

New Mite (U8) players must have minimally passed Mighty Cub 4, completed 2 sessions of Skills and Drills, completed 2 sessions of Ice Bear Prep League PRIOR to registering. Players who have not met these requirements will be removed from the roster.

Pre-Requisites – Squirt

New Squirt players must have minimally passed Mighty Cub 4, completed 3 sessions of Skills and Drills and Ice Bear Prep, as well have taken Power Skating League PRIOR to registering. Players who have not met these requirements will be removed from the roster.

Peewee and Up

Peewees and Bantams must show that they have surpassed the requirements of squirt and their skating and stick handling is strong enough to safely participant in contact hockey. Contact the Program & Operations Manager of Ice Arena for prerequisite information and to set up and evaluation.



USA Hockey Registration



In addition to completing and handing in the Park District of Oak Park In House Travel Hockey registration packet, ALL players and coaches must register for USA Hockey ONLINE for the upcoming season.



Step 1: Complete the online registration process

1. Go to www.usahockeyregistration.com
2. Click on the 'Ice Players & Coaches' button
3. Select the correct season and follow prompts to register
4. Process payment using- Visa, MasterCard, Discover, or American Express (credit or debit card)
5. Print out your confirmation page. Make sure you do this as you will need to turn it in with your registration packet.

Step 2: Attach your confirmation to your completed registration packet and return it to the office at Ridgeland Common to complete your registration. No registration packet will be accepted without this confirmation page. This step is required to ensure that all USA Hockey benefits are in place.

Level Clarifications

Mite program

The Mite level at the Ice Bears will be formatted a bit differently than all the other levels. It will still participate in the NWHL, but will begin play with cross ice games, a 3 game pre tier, 6 game regular season and end of season tournament. Mite hockey is designed to introduce the game to players who are comfortable skating and ready to learn more advanced hockey maneuvers. Players interested in this team must have hockey experience prior to signing up and **MUST** attend one of the evaluation days. Please contact Kayla for more information.

Bantam Program

The Bantam team will work to better prepare players for high school hockey by focusing on high level game understanding, character development, and player responsibility in addition to skill development, sportsmanship, and fun. Additional full ice and off ice practices will be scheduled. Players interested in the Bantam Team must have played at least 2 seasons of Ice Bears or other Travel hockey in order to enroll. **Players transitioning from the in-house lessons or PBHL to the Bantam level with no prior travel experience are often not equipped with the proper skills and experience that seasoned bantam players tend to have from years of prior play. Therefore, new bantam level players will not be admitted unless given permission by the Hockey Coordinator.*

Checking Clinics

Bantam Checking Clinics Dates & Times

Checking clinics will be completed during weekends in March if the season will be full check.



**THE FOLLOWING FORMS
ARE TO ASSIST WITH
ONLINE REGISTRATION.
THEY WILL NOT BE
COLLECTED.**

**USA Hockey Numbers Must be
Submitted for ALL PLAYERS or
they will not be allowed on the
ice.**



Travel House Pricing Form

Fees for this program include all ice time associated with games and practices, tournament fees, league fees and officials fees. Spring registration also includes one 2 sided jersey for each player.

Spring Season Pricing

While we are hoping to run through the season start to finish without interruption, please **ONLY** select the **PAYMENT PLAN at checkout**. Those that pay in full will only receive credits to their account should the season be paused or move back a phase. If your credit card expires or needs to be updated at any point, contact Customer Service Immediately at 708-725-2000 to ensure your player does not have to miss a practice due to missing payment.

Odd Birth years: Odd Jersey Number

- ☐ U-8 Mites (\$525)
- ☐ U-10 Squirts (\$525)
- ☐ U-10 Goalie (\$325)
- ☐ All Girls (\$525)
- ☐ All Girls Goalie (\$325)
- ☐ U-12 Peewees (\$525)
- ☐ U-12 Goalie (\$325)
- ☐ U-14 Bantams (\$525)
- ☐ U-14 Goalie (\$325)

Jersey Numbers

Players MUST use the number that they have been assigned. If you are unsure of your players number, contact kayla.lindgren@pdop.org BEFORE registration.

Even Birth years: Even Jersey Numbers

Payment

- ☐ Paying in Full
- ☐ Automatic Credit Card Payment System
(Attach Contract to registration form: Contract can be picked up at RC customer service)

Installment Billing at Each Level

Due First of April, May

Player: \$175 Deposit, 2 Payments of \$175

Goalie: \$105 Deposit, 2 payments of \$110

Any deposits and payments made prior to withdrawing from the program at any point are non-refundable unless the program is canceled by the Park District of Oak Park.

Program Contacts:

Dan Seltzer
Hockey Coordinator
Daniel.Seltzer@pdop.org
708-725-2312

Kayla Lindgren
Aquatic & Rink Manager
Kayla.Lindgren@pdop.org
708-725-2315



The following forms will be electronically signed at registration and do not need to be turned in.

Waiver Required! For insurance purposes, Park District programs and activities require signed waiver.
Please sign the waiver section below.

RELEASE AND HOLD HARMLESS AGREEMENT

Please read this form carefully and be aware that in signing up and participating in this program (s), you will be waiving and releasing all claims for injuries you might sustain arising out of this program (including transportation services, when provide).

As a participant in the program (s), I recognize and acknowledge that there are certain risks of physical injury and I agree to assume the full risk of injuries, damages or loss which I may sustain as a result of participating in any and all activities with or associated with such program (s).

I agree to waive and relinquish all claims I may have as a result of participating in the program (s) against the Park District of Oak Park and its officers, agents, servants, and employees. I do hereby release and discharge the Park District of Oak Park and its officers, agents, servants, and employees from any and all claims from injuries, damage or loss which I may have or which may accrue to me on account of my participating in the program(s).

I further agree to indemnify and hold harmless and defend the Park District of Oak Park and its officers, agents, servants, and employees from any and all claims resulting from injuries, damages, and losses sustained by me and arising out of, connected with, or in any way associated with the activities of the program (s)

I have read and fully understand the above Program Details and Waiver Release Claims. Waivers MUST be signed by participant (s)' legal guardian. Facsimile signatures will be considered as original by the District.

Signature (s) : _____ Date: _____



Player Code of Conduct Policy

Park District of Oak Park



Player's Name: _____

Phone Number: _____

With the interest in providing the best hockey experience for everyone, we have adopted the following Player Code of Conduct Policy. Each player is required to read the information below and sign the bottom of this form, acknowledging that you understand and are willing to abide by the policies set forth.

Player Responsibilities

1. I will place the emotional and physical well being of my teammates ahead of my personal desire to win.
2. I will set an example by demonstrating fair play and good sportsmanship to all players, coaches, officials and staff.
3. I will consider it a privilege to participate in the Ice Bears Hockey Program and will act respectfully toward others, before, after, and during each practice or game.
4. I agree to accept the direction of my coach and fellow teammates when delivered in a constructive and positive manner.
5. I will treat with utmost respect every ice arena's facilities and property. I will leave all locker rooms in the best possible condition.

INFRACTIONS OF THE CODE OF CONDUCT AND MISBEHAVIOR MAY INCLUDE, BUT ARE NOT LIMITED TO THE FOLLOWING

*Unsportsmanlike conduct

*Fighting

*Offensive language

*Repeated delay of practice or game

*Refusing to shake hands after the game

*Excessive game penalties

*Bullying

Player Code of Conduct

Any player's behavior, occurring in or about any ice arena during a game or practice, that brings discredit on Ridgeland Common, Ice Bears Hockey Program or any of its players, parents, or coaches, shall immediately be reported to the Hockey Coordinator, Program Supervisor, and/or Aquatic and Rink Manager as appropriate. Upon such report, the Hockey Coordinator, Program Supervisor, and/or Aquatic and Rink Manager shall take whatever steps necessary to investigate the incident. If such investigation reveals the incident occurred, the offending player shall be barred from further games and/or practices for such a period as the Hockey Coordinator, Program Supervisor, and/or Aquatic and Rink Manager deem appropriate. The Hockey Coordinator, Program Supervisor, and/or Aquatic and Rink Manager reserve the right to extend and/or supplement any penalties or game suspensions imposed by any official of the *Amateur Hockey Association of Illinois* or any of its affiliates.

REFUNDS WILL NOT BE GIVEN TO ANY PLAYER.

I have read, understand, and agree to follow the above Code of Conduct. My coach and/or Hockey Coordinator, Program Supervisor, and/or Aquatic and Rink Manager have answered all questions.

Signature of Oak Park Ice Bears Player

Date

Signature of Parent or Guardian

Date



Parental Code of Conduct Policy

Park District of Oak Park



Player's Name: _____

Phone Number: _____

With the interest in providing the best hockey experience for your child, we have adopted the following Parental Code of Conduct Policy. Each parent is required to read the information below and sign the bottom of this form, acknowledging that you understand and are willing to abide by the policies set forth. Thank you for your support on this issue.

Parental Responsibilities:

1. Have your child at the arena, allowing enough time to get ready (minimum ½ hour). Lockers rooms are available and should be used at all times, rather than changing in the upper or lower lobby.
2. Always show support towards your child and the other children out on the ice. Don't forget that they are only children. Your support means a lot to them.
3. Set a good example by treating the officials, coaches, athletes, and fans with respect and dignity. *Remember, hockey is a game and a game should be FUN!* It is your responsibility to demonstrate the same type of behavior we wish to see in our children.
4. Support the coaches. Remember, they are *volunteering* their time. If you have a problem or suggestion, please discuss it with the Team Manager.
5. Never discipline your child for making mistakes or losing. Winning is not the main objective of the Ice Bears Hockey Program.
6. Coaches will attempt to provide *fair* ice time for all players, no matter their ability. Once again, as long as everyone gets to play and have fun the game was a success...no matter who had the highest score.

Parental Code of Conduct

Any parent's behavior, occurring in or about any ice arena during a game or practice, that brings discredit on Ridgeland Common, Ice Bears Hockey Program or any of its players, parents, or coaches, shall immediately be reported to a Coordinator and the Hockey Director as appropriate. Upon such report, the Hockey Coordinator, Program Supervisor, and/or Aquatic and Rink Manager shall take whatever steps necessary to investigate the incident. If such investigation reveals that the incident occurred, the offending parent shall be barred from further games and/or practices for such period as the Hockey Coordinator, Program Supervisor, and/or Aquatic and Rink Manager deems appropriate. If the behavior is reported by an official to the *Amateur Hockey Association of Illinois*, a minimum suspension of three games will follow. If such parent who is suspended appears at any game or practice from which the parent has been banned, the child of the parent shall be benched for such period of time as that parent remains in violation.

I have read, understand, and will abide by the Parental Code of Conduct as outlined above. By signing below, I am committing my entire family to abiding by this policy.

Signature of Parent or Guardian

Date



USA Hockey Zero Tolerance Policy

Park District of Oak Park



In an effort to make ice hockey a more rewarding experience for all participants, AHAI has instructed the Officiating Program to adhere to certain points of emphasis relating to sportsmanship. This campaign is designed to require all players, coaches, officials, team officials, administrators, and parents/spectators to maintain a sportsmanlike and educational atmosphere before, during, and after all USA Hockey sanctioned games. Thus, the following points of emphasis must be implemented by all On-Ice Referees and Linesmen.

Players

A minor penalty for unsportsmanlike conduct (Zero Tolerance) shall be assessed whenever a player:

1. Openly disputes or argues any decision made by an official.
2. Uses obscene or vulgar language at any time, including swearing, even if it is not directed at a particular person.
3. Visually demonstrates any sign of dissatisfaction with an official's decision.

Any time that a player persists in any of these actions, they shall be assessed a misconduct penalty. A game misconduct shall result if the player continues such actions.

Coaches

A minor penalty for unsportsmanlike conduct (Zero Tolerance) shall be assessed whenever a coach:

1. Openly disputes or argues any decision made by an official.
2. Uses obscene or vulgar language in a boisterous manner to any one at any time.
3. Visually demonstrates any sign of dissatisfaction with an official's decision, including standing on the boards or standing in the bench doorway with the intent of inciting the officials, players, or spectators.

Any time that a coach persists in any of these actions, they shall be assessed a misconduct penalty. A game misconduct shall result if the player continues such actions.

Officials

Officials are required to conduct themselves in a businesslike, sportsmanlike, impartial, and constructive manner at all times. The actions of an official must be above reproach. Actions such as "baiting" or inciting players or coaches are strictly prohibited. On-ice officials are ambassadors of the game and must always conduct themselves with responsibility in mind.

Parents/spectators

The game will be stopped by on ice officials when the parents/spectators are displaying inappropriate and disruptive behavior, interfere with other spectators, or interfere with the game. The on-ice officials will identify violators to the coaches for the purpose of removing the parents/spectators from the viewing and game area. Once removed, play will resume. Lost time will not be replayed and violators may be subject to further disciplinary action by the local governing body. This inappropriate and disruptive behavior shall include:

1. Using obscene or vulgar language in a boisterous manner to anyone at any time.
2. Taunting players, coaches, officials, or other spectators by means of baiting, ridiculing, threat of violence, or physical violence itself.
3. Throwing any object in the spectator's viewing area, players bench, penalty box, or on the ice surface, directed in any manner to create a safety hazard.

Equal Opportunity Policy

USA Hockey shall provide an equal opportunity to armature athletes, coaches, trainers, managers, administrators, and officials to participate.